

# THE SOUTH AFRICAN SOCIETY OF OCCUPATIONAL MEDICINE



**SASOM**

South African Society  
of Occupational Medicine

FOUNDED IN 1948

## GUIDELINES FOR OCCUPATIONAL MEDICINE PRACTICE



## FOREWORD TO THE 8TH EDITION

The South African Society of Occupational Medicine proudly presents the eight edition of SASOM's Guidelines on aspects of occupational medicine practice. Thirty five revised and new guidelines are included in this version.

The guidelines reflect the dynamic and evolving practice of Occupational Health and what SASOM perceives as important information for occupational health professionals and everybody else involved in occupational health.

Some of the guidelines evolved from evidence based information in reply to frequently asked questions that reach the SASOM National office. They are the result of the combined effort by SASOM members and specialists in various fields.

With these guidelines we have endeavoured to elevate ethical and medical standards in occupational health services. Occupational health practitioners are encouraged to refer to them as a framework when compiling policies and procedures for their unique requirements.

The guidelines are constantly updated and comments and suggestions are not only most welcome, but also seriously invited. Your participation is highly appreciated as it will improve the next edition to benefit both practitioners and the working population of South Africa.

Pretoria  
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