

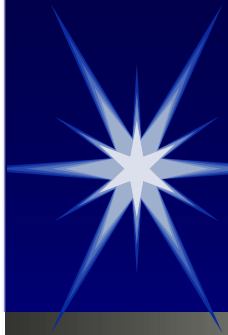
OCCUPATIONAL CANCER

A leading cause of work-related mortality

Dr Shahieda Adams

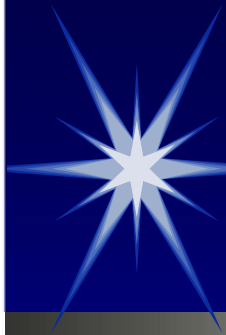


School of Public Health and Family Medicine
University of Cape Town



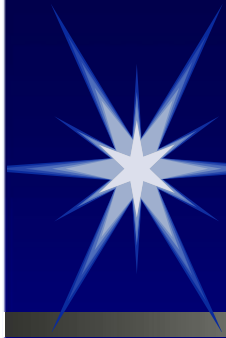
Outline

- Burden of occupational cancer
- Evolution of occupational carcinogen recognition
- Major occupational carcinogens
- Occupational carcinogen exposure assessment
- Challenges in occupational cancer epidemiology
- Take home messages
- References



What we know about occupational cancer (ILO)

- 660 000 deaths per year (2 x occupational accidents)
- EU 102 500 deaths (20 x occupational accidents)
- Biggest killer at work in HIC countries including EU and Japan
- 5.3- 8.4 % all cancer caused by occupational exposures

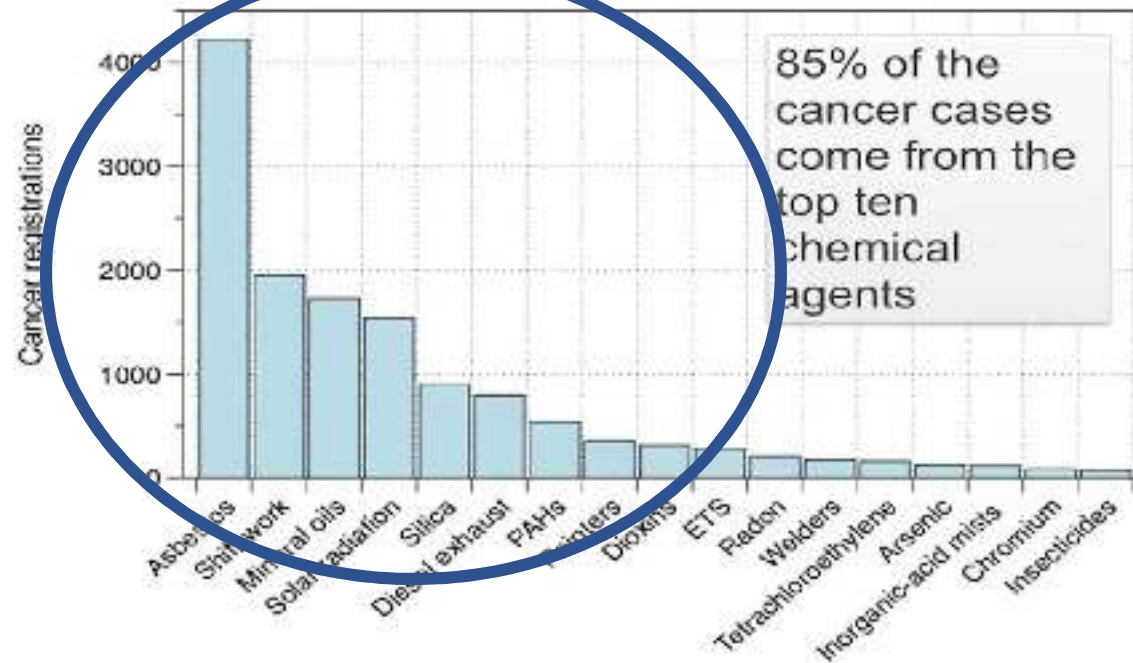


What we know about occupational cancer (ILO)

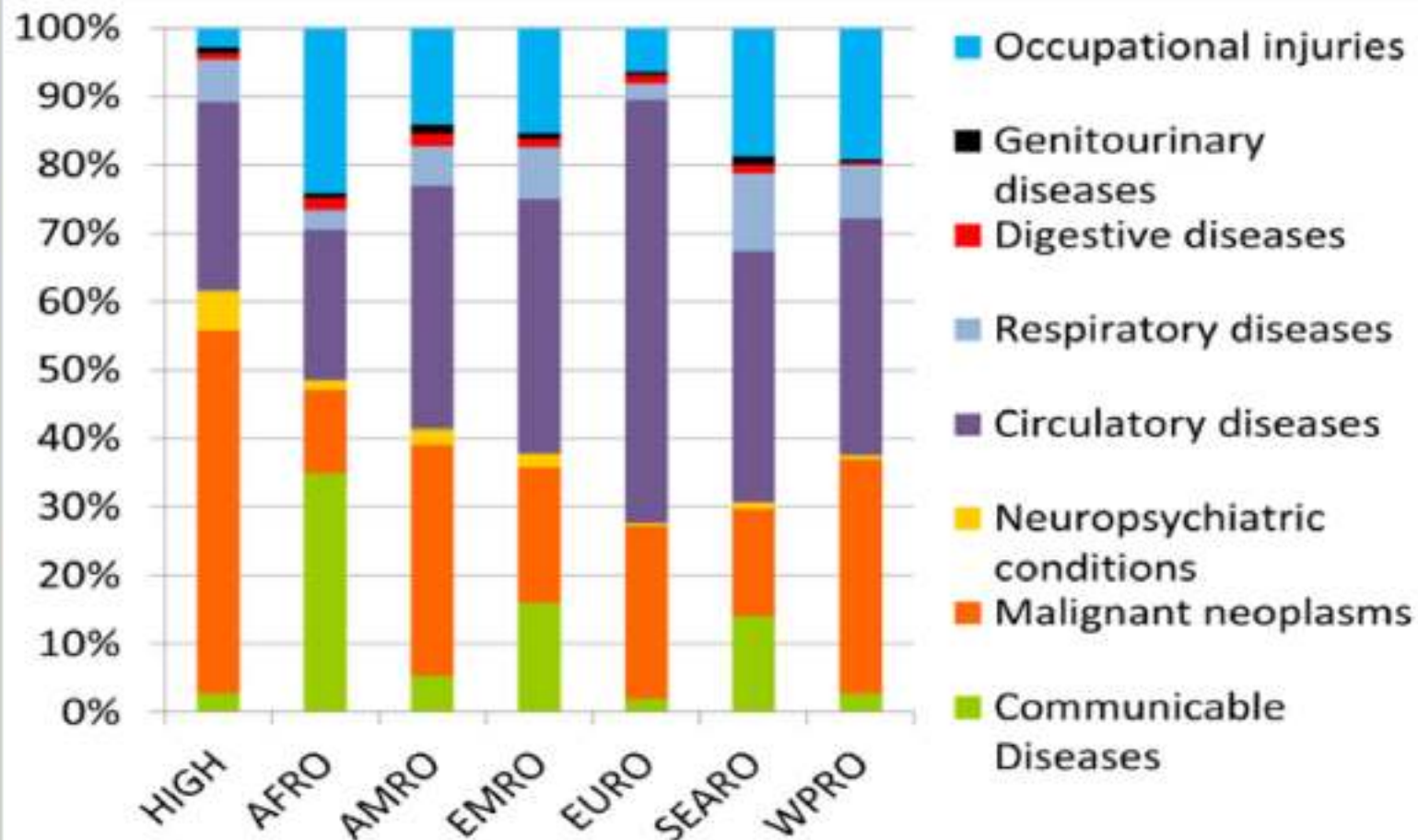
- Lung cancer accounts for 54-75% of all occupational cancer
- 17-29% of lung cancer deaths due to occupational cancer
- 55-85% of occupational exposure related to asbestos exposure
- 10 carcinogens account for 85% of occupational deaths

Burden of Occupational Cancer

- 10 most important occupational carcinogens count for around 85% of all occupational cases (UK).



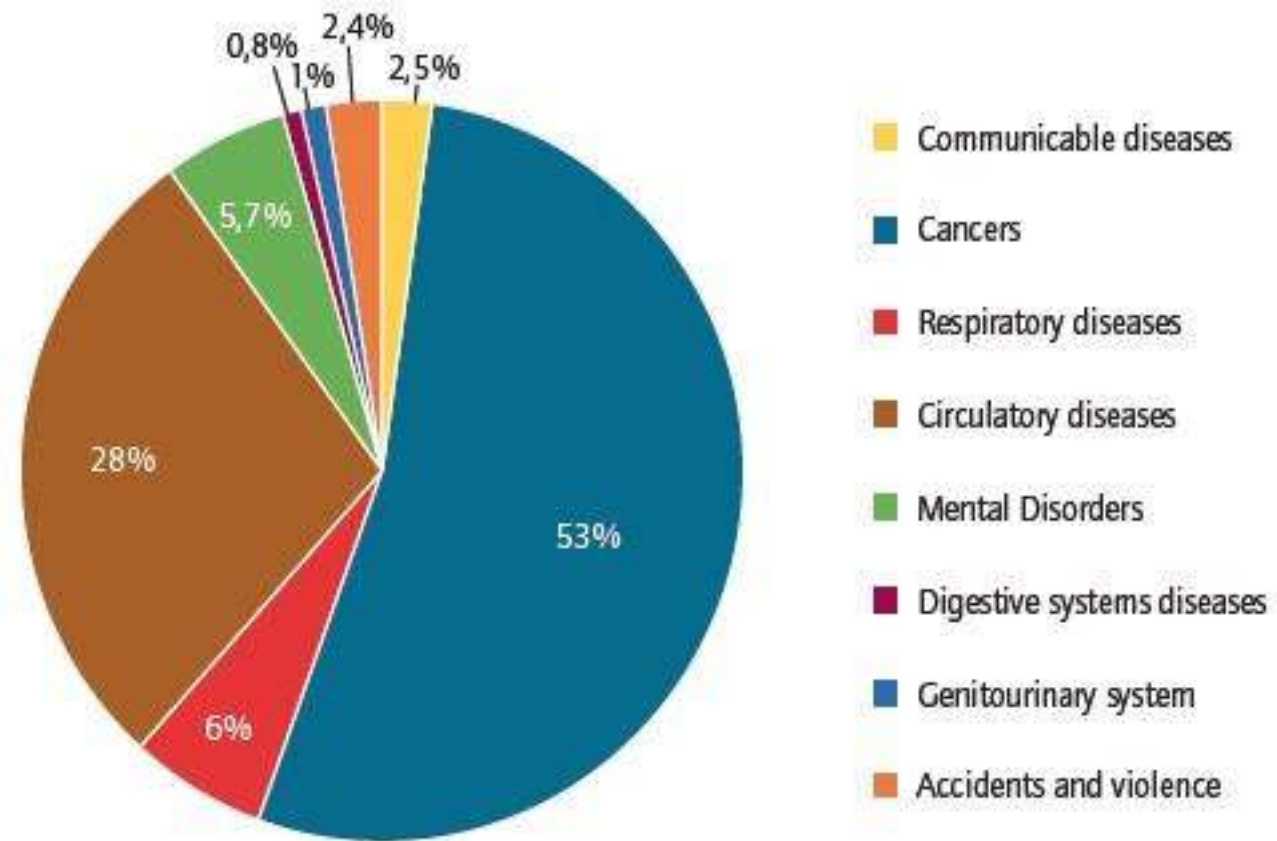
Industrialised countries had a higher burden from cancers, at 53% and a much smaller attribution from accidents and infectious conditions each at 3%.



Burden of Occupational Cancer in HIC

Work-related annual deaths in the EU28 and other developed countries

High Income Countries reflect a higher burden from cancer



Industrialized countries

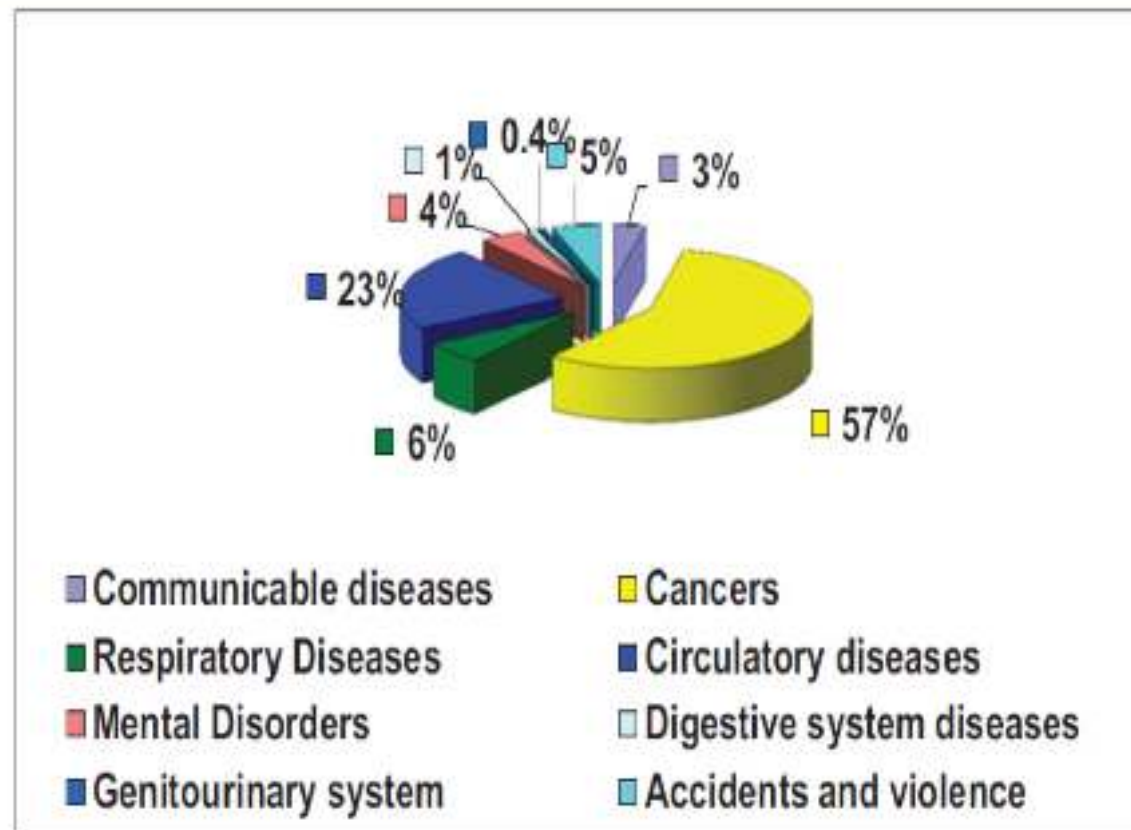


FIGURE 3. Work-related annual deaths - EU and the pattern in other industrialized countries (Sources: Härmäläinen P, Takala J, Saarela KL; TUT, ILO, EU-OSHA).

Work-related deaths globally

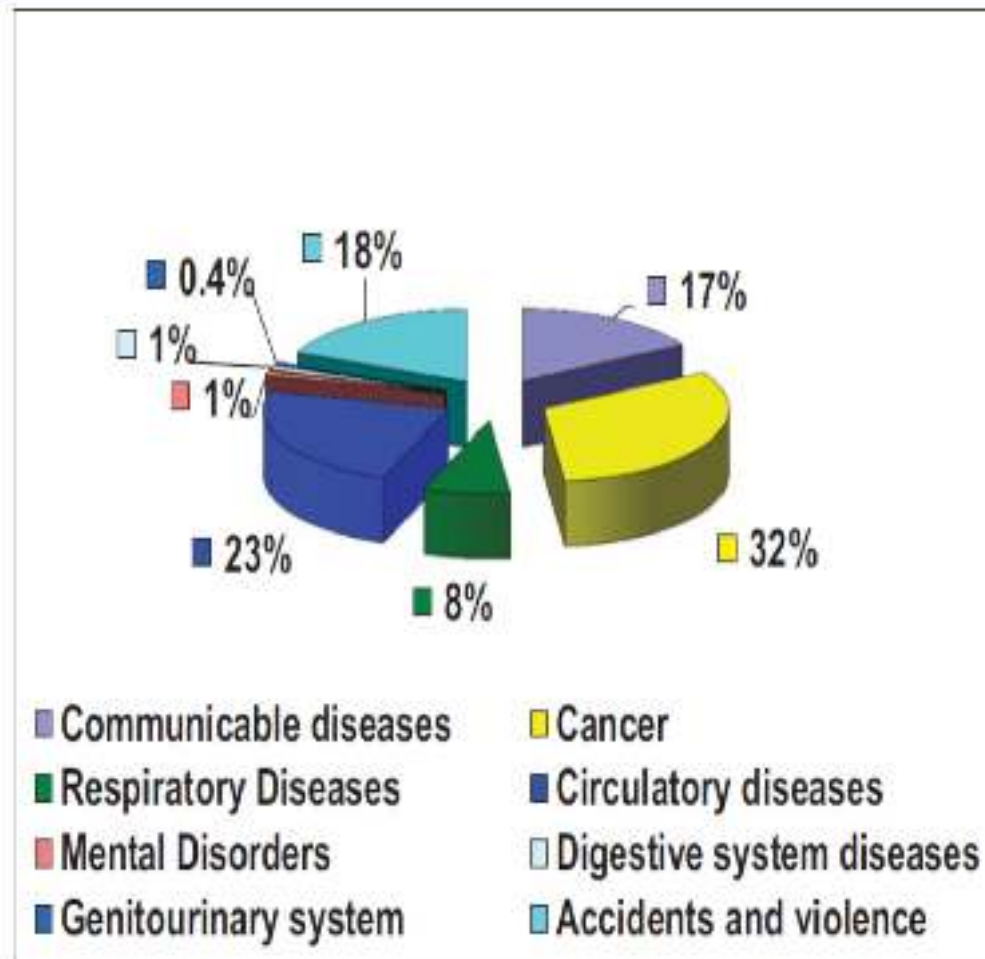


FIGURE 2. Work-related annual deaths - World (Sources: Hämmäläinen P, Takala J, Saarela KL; TUT, ILO, EU-OSHA, 2008).



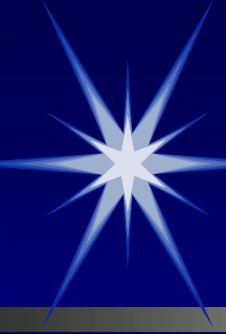
The proportion of cancer mortality attributed to occupational exposure varies with the type of cancer

| Type of Cancer | Related to Occupational Exposure Estimated % (USA) |
|------------------------------|--|
| Mesothelioma | 85 - 90% (men); 23 - 90% (women) |
| Sinonasal and nasopharyngeal | 31 - 43% (men) |
| Laryngeal | 1 - 20% (men) |
| Bladder | 3 - 19% |
| Lung | 6.3 - 13% |
| Skin Cancer (non-melanoma) | 1.5 - 6% (men) |
| Leukemia | 0.8 - 2.8% |
| Kidney | 0 - 2.3% |
| Liver | 0.4 - 1.1 (vinyl chloride only; men) |

Dying for work: the magnitude of US mortality from selected causes of death associated with occupation. K. Steenland, et al. American Journal of Occupational Medicine. Vol. 43 (2003). p. 461-482

Table 6: Occupational diseases reported to the Compensation Fund for the non-mining sector in South Africa, 2001-2006

| Occupational disease reported | 2001 | 2002 | 2003 | 2004 | 2005 | 2006 |
|--|--------------|--------------|--------------|--------------|--------------|--------------|
| Noise-induced hearing loss (NIHL) | 1 465 | 1 952 | 2 549 | 2 724 | 1 823 | 1 276 |
| Post traumatic stress syndrome (PTSD) | 970 | 1 624 | 1 325 | 1 297 | 839 | 816 |
| Tuberculosis of the lungs (In health care workers) | 211 | 500 | 384 | 384 | 323 | 293 |
| Dermatitis | 217 | 203 | 203 | 227 | 203 | 156 |
| Pneumoconiosis | 193 | 182 | 302 | 189 | 109 | 134 |
| Occupational asthma | 104 | 168 | 214 | 165 | 103 | 74 |
| Repetitive strain injuries | | 40 | 24 | 82 | 71 | 71 |
| Mesothelioma | 201 | 20 | 17 | 28 | 16 | 12 |
| Irritant induced asthma | | | | 7 | 16 | 2 |
| Lung cancers | | | | 4 | 1 | 1 |
| Chronic obstructive airways disease (COAD) | | | | 17 | 13 | 25 |
| Disease caused by chemical agents | | | | 69 | 15 | 19 |
| Disease caused by physical agents, excluding noise | | | | 5 | 13 | |
| Disease caused by biological agents, excluding TB | | | | 75 | 228 | 185 |
| Others | | | | 85 | 49 | 44 |
| Total | 3 361 | 4 689 | 5 018 | 5 358 | 3 822 | 3 108 |



ILO evolution of occupational carcinogen recognition

Table 1 Occupational disease list of the ILO during the industrial poisoning era

| ILO legislation | R03, R04 (1919) | C18 (1925) | C42 (1934) |
|-----------------|-----------------|------------|--|
| Chemical | 1) Lead | 2) Mercury | 3) Phosphorous, 4) arsenic, 5) Benzene or its homologues, their nitro- and amino-derivatives, 6) halogen derivatives of hydrocarbons of the aliphatic series |
| Physical | | | 1) Radium and other radioactive substances, 2) X-rays |
| Biological | 1) Anthrax | No change | No change |
| Pulmonary | | | 1) Silicosis with or without pulmonary tuberculosis, provided that silicosis is an essential factor in causing the resultant incapacity or death |
| Cancer | | | 1) Primary epitheliomatous cancer of the skin. |

~~ILO: International Labour Organization, R03: ILO recommendation No. 3, R04: ILO recommendation No. 4, C18: ILO convention No. 18, C42: ILO convention No. 42~~

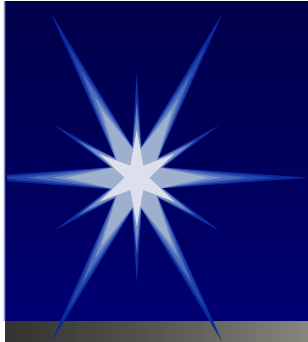


Table 2 New items on the occupational disease list in Convention No. 121

| ILO legislation | | C121 (1964, revised 1980) |
|-----------------|-----|---|
| Chemical | '64 | 6) Beryllium, 7) Chromium, 8) Manganese, 9) Carbon disulfide |
| | '80 | 10) Toxic halogen derivatives of aliphatic or aromatic hydrocarbon, 11) Cadmium, 12) Arsenic, 13) Fluorine, 14) Nitroglycerin or other nitric acid esters, 15) Alcohols, glycols or ketones, 16) Asphyxiants: carbon monoxide, hydrogen cyanide, or its toxic derivatives, hydrogen sulfide |
| Physical | '64 | 1) Ionizing radiation |
| | '80 | 2) Hearing impairment caused by noise, 3) diseases caused by vibration, 4) diseases caused by work in compressed air |
| Biological | '80 | 1) Infectious or parasitic diseases contracted in an occupation where there is a particular risk of contamination (health or laboratory work, veterinary work, animal handling work, other work with contamination risk) |
| Pulmonary | '80 | 1) Pneumoconiosis caused by sclerogenic mineral dust (silicosis, anthracosilicosis, asbestosis) and silicotuberculosis, provided that silicosis is an essential factor in causing the resultant incapacity or death, 2) Bronchopulmonary diseases caused by hard-metal, 3) Bronchopulmonary diseases caused by cotton dust (byssinosis), or flax, hemp, or sisal dust, 4) Occupational asthma, 5) Extrinsic allergic alveolitis and its sequelae caused by the inhalation of organic dusts, as prescribed by national legislation |
| Skin | '80 | 1) Skin diseases caused by physical, chemical, or biological agents |
| Cancer | '80 | 2) Lung cancer or mesotheliomas caused by asbestos |

ILO: International Labour Organization. C121: ILO convention No. 121.



Table 3 New items on the occupational disease list of Recommendation No. 194

| ILO legislation | R194 (2002, revised 2010) |
|-----------------|---|
| Cancer | '02 1) Asbestos, 2) Benzidine and its salts, 3) BCME, 4) Chromium VI, 5) Coal tars, coal tar pitches, 6) Beta-naphthylamine, 7) vinyl chloride, 8) Benzene, 9) Toxic nitro and amino derivatives of benzene or its homologue, 10) Ionizing radiation, 11) Tar, pitch, bitumen, mineral oil, anthracene, or compounds, 12) Coke oven emissions, 13) Nickel, 14) Wood dust, 15) Other carcinogens '10 16) Arsenic, 17) Beryllium, 18) Cadmium, 19) Erionite, 20) Ethylene oxide, 21) Hepatitis B virus and C virus |

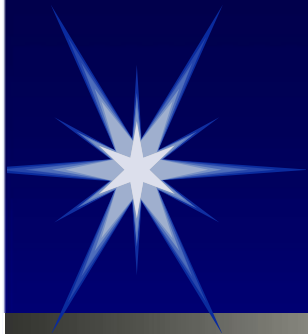


Table 4 Unaccepted proposals during the tripartite meeting in 2005 and 2009

R194 (2002, revised 2010)

| | | |
|--------|------------|--|
| Cancer | ILO | Add "cancer caused by formaldehyde" and "cancer caused by silica" |
| | Government | Delete "dust from wood" |
| | Employer | 1. Insert specific cancer name for every carcinogen 2. Delete "cancer caused by any other agents not mentioned" |
| | Worker | Add "Silica, crystalline in the form of quartz or cristobalite" |

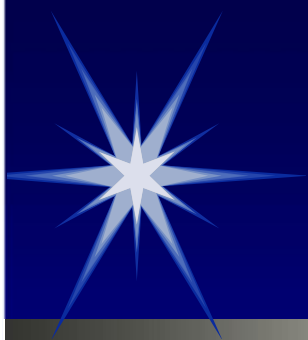


Table 6 Examples of occupational disease from each country that are not included in the ILO's List of Occupational Diseases R194

| Categories | Items (countries) |
|---------------------|---|
| Chemical agents | Phenol derivatives (Austria, Belgium, China, Costa Rica, El Salvador, Finland, Romania, Swiss, Turkey, France) |
| Carcinogenic agents | Aflatoxins (Denmark, Finland), Aliphatic aromatic and alicyclic hydrocarbons (Finland), lead (Denmark), trichloroethylene (Denmark), benzidine dye (France), ortho-toluidine (France), anticancer drugs (Finland), Aluminum production process (Denmark), 4-nitrodiphenyls (Canada, Japan), trichloroethylene (Denmark), tetrachloroethylene (Denmark), 2,3,7,8-TCDD (Denmark), silica (German, United Kingdom, Romania, Taiwan), formaldehyde (Denmark, Malaysia, Taiwan), lead (Denmark, Saudi Arabia), leather (Ireland, Italy, Saudi Arabia, United Kingdom), iron mining with radon exposure (Denmark) |



Schedule 3 of COIDA

3. OCCUPATIONAL CANCER

3.1. Cancer caused by the following agents

3.1.1 Asbestos

3.1.2 Benzidine and its salts

3.1.3 Bis chloromethyl ether (BCME)

3.1.4 Chromium and chromium compounds

3.1.5 Coal tars, coal tar pitches or soots

3.1.6 Beta-naphthylamine

3.1.7 Vinyl chloride

3.1.8 Benzene or its toxic homologues

3.1.9 Toxic nitro- and amino-derivatives of benzene or its homologues



Schedule 3 of COIDA

3.1.10 Ionizing radiations

3.1.11 Tar, pitch, bitumen, mineral oil, anthracene, or the compounds, products or residues of these substances

3.1.12 Coke oven emissions

3.1.13 Compounds of nickel

3.1.14 Wood dust

3.1.15 Crystalline silica

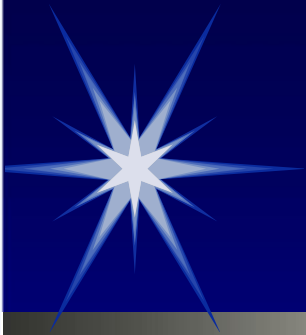
3.1.16 Mycotoxins

3.1.17 Arsenic



IARC: International Agency for Research on Cancer

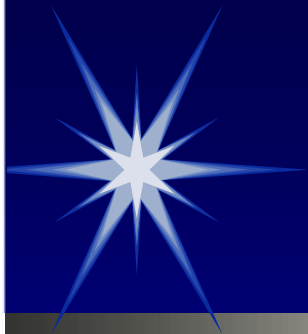
- Specialized cancer agency within the World Health Organization
- Funding from participating countries and other funding sources/grants
- Situated in Lyon, France
- The IARC Monographs
 - Began in 1971 and over 900 agents reviewed



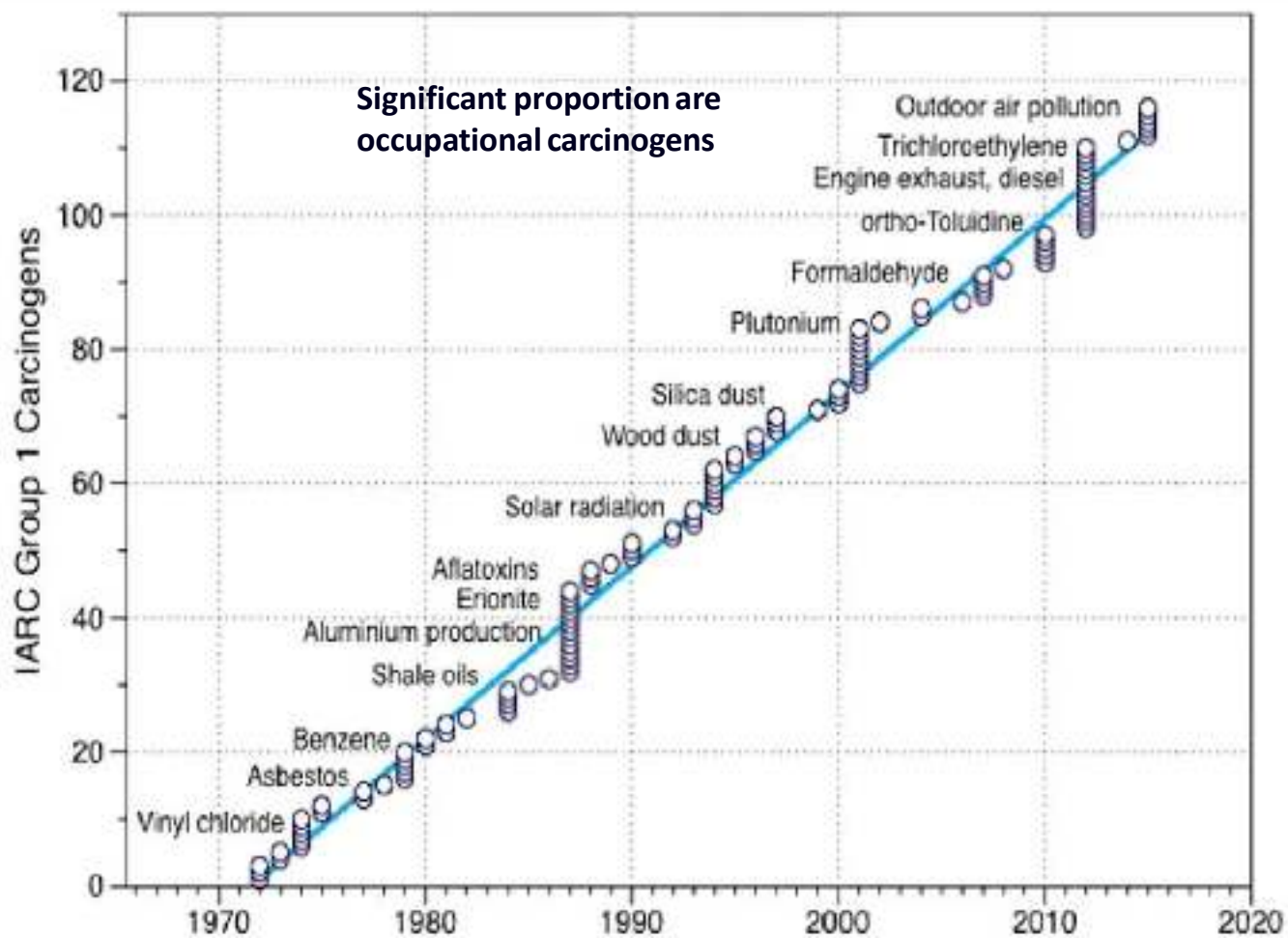
IARC

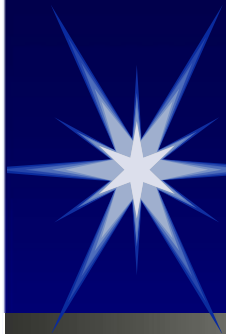
IARC Monographs on the Evaluation of Carcinogenic Risks to Humans programme

- Each evaluation is done by a working group
- Scientists are divided into 4 subgroups who review the literature
 1. Exposure data
 2. Studies of cancer in humans (epidemiology)
 3. Studies of cancer in experimental animals
 4. Mechanisms and other relevant data
- Decision on carcinogenicity is made during a plenary meeting held in France



IARC





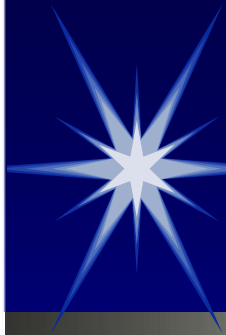
Occupational carcinogens as classified by IARC

| Human carcinogen | As percentage of IARC Carcinogens | Upgraded / emerging carcinogens |
|--|-----------------------------------|--|
| Sufficient | 31% | Butadiene and Formaldehyde |
| Probable | 42% | Cobalt and lead compounds; Shift work |
| Possible | 42% | Carbon black , Titanium dioxide and talc |
| Occupational carcinogens now comprise about 50% of carcinogens in IARC | | |
| Blair et al, <i>Environmental Health</i> 2011, 10 (Suppl 1): S9 | | |



Major occupational exposures and associated cancers

| Exposure | Cancer site |
|--------------------|---|
| Asbestos | Mesothelioma Ca lungs, larynx and GIT |
| Chromium | Nasal cavities and lung |
| Arsenic | Liver, lungs and skin |
| Mustard gas | Pharynx, larynx and lung |
| Ionizing radiation | Leukaemia, liver, lung, bone, breast, thyroid |
| Coking plants | Lung, skin and bladder |
| Soots | Oesophagus, lung and skin |



Surveillance of Occupational Exposures to Carcinogens

CAREX Canada: example of use of IARC info in exposure surveillance

- Canadian national carcinogen surveillance programme
- Builds on the European CAREX project
- CAREX = CARcinogen Exposure
- Aims to estimate carcinogen exposure in Canadian workplaces
 - Identify what carcinogens people are exposed to
 - Locate where people are exposed
 - Calculate how many people are exposed
 - Estimate how much of a carcinogen people are exposed to (where data exist to calculate levels)



CAREX

Canada

Click on the link or copy and paste it into your browser to watch the following video demonstrating the CAREX Canada online exposure estimates tool:

<https://youtu.be/juYLEBdtqig>

Figure 1 Generalised methodology used to generate estimates of occupational exposure to known and suspected carcinogens.

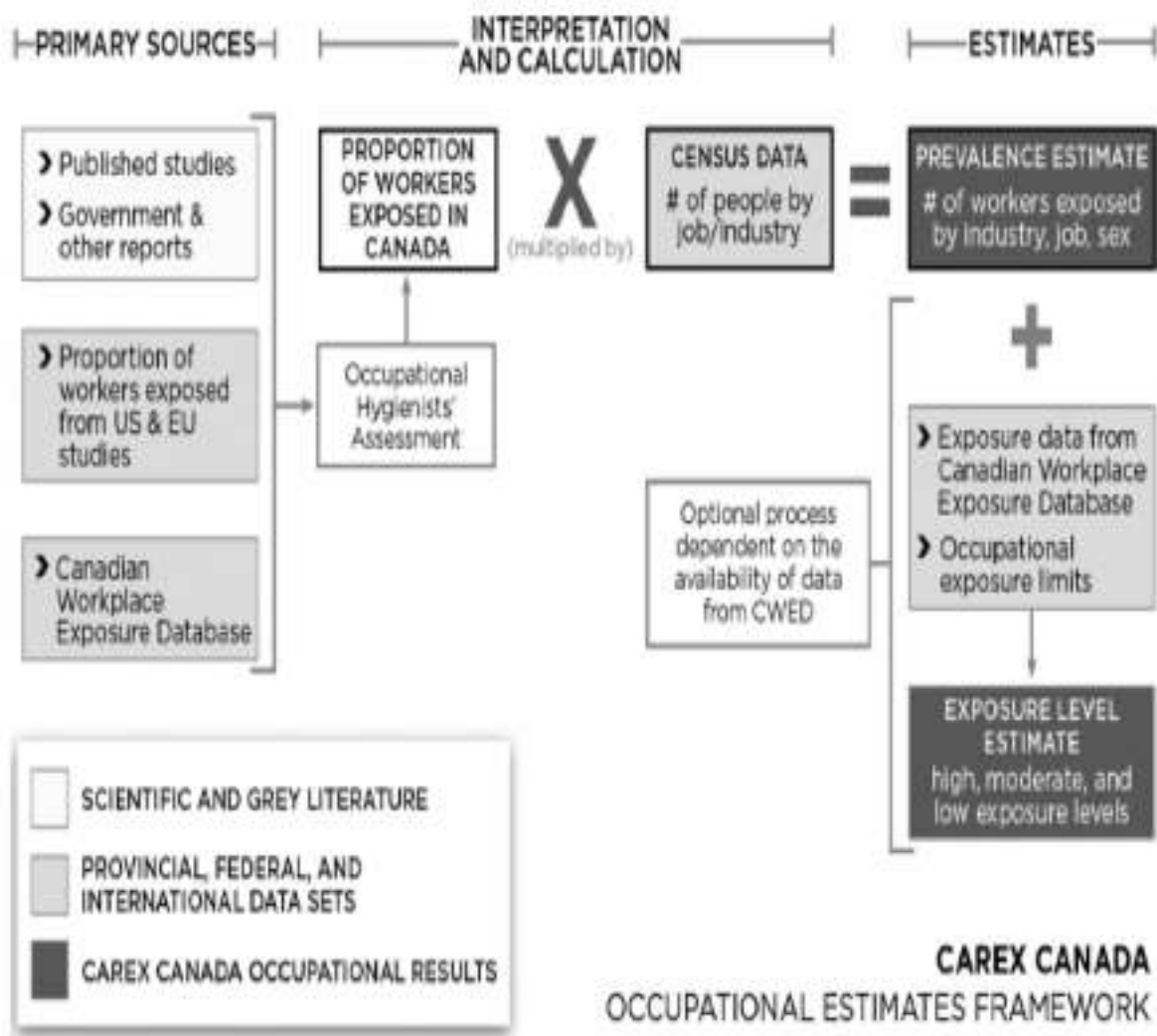
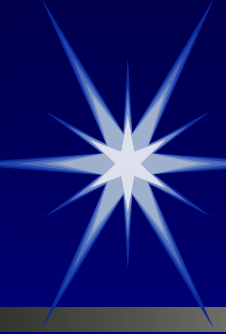


Table 1 Workplace exposure to known and suspected carcinogens, Canada, 2006

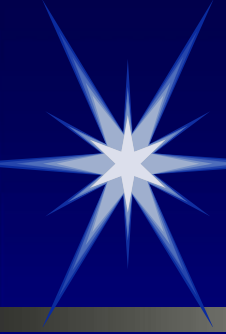
| IARC group | Agent | Data quality | n Exposed at work | % Of total workforce | Exposure levels available |
|--|--|---------------|-------------------|----------------------|---------------------------|
| Carcinogenic agents (IARC 1) | Solar radiation | Moderate | 1 476 000 | 8.8 | Yes |
| | Diesel engine exhaust | Low | 781 000 | 4.6 | No |
| | Silica (crystalline) | High | 382 000 | 2.3 | Yes |
| | Benzene | High | 374 000 | 2.2 | Yes |
| | Wood dust | High | 338 000 | 2.0 | Yes |
| | Asbestos | Low | 151 000 | 0.90 | No |
| | Formaldehyde | High | 151 000 | 0.90 | Yes |
| | Ultraviolet radiation (artificial sources) | Moderate | 141 000 | 0.83 | Yes |
| | Chromium (hexavalent) | High | 104 000 | 0.61 | Yes |
| | Ionising radiation | Moderate-high | 37 000–78 000 | 0.22–0.46 | Yes |
| | Cadmium | High | 31 000 | 0.18 | Yes |
| | Arsenic | Moderate | 25 000 | 0.15 | No |
| | Trichloroethylene | Moderate | 9800 | 0.06 | Yes |
| | Polychlorinated biphenyls | Low | 8200 | 0.05 | No |
| | Coal tar and coal tar pitches | Low | 7600 | 0.05 | No |
| | Beryllium | Low | 3900 | 0.02 | No |
| | 1,3-Butadiene | Low | 3900 | 0.02 | No |
| Ethylene oxide | Moderate | 2400 | 0.01 | Yes | |
| Probable carcinogenic agents (IARC 2A) | Shift work with potential for circadian disruption | High | 1 900 000 | 11.6 | Yes |
| | Tetrachloroethylene | High | 15 000 | 0.09 | Yes |
| | Acrylamide | Low | 9300 | 0.05 | No |
| | Epichlorohydrin | Low | 6600 | 0.04 | No |
| | Creosotes | Low | 4800 | 0.03 | No |



Challenges in occupational cancer epidemiology

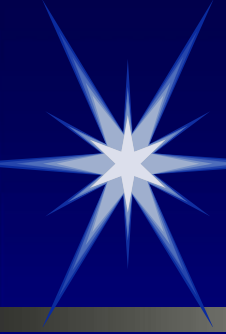
- Most studies performed on men in industrialized / high income countries
- Occupational cancer in women???
- Lack of robust quantitative exposure data and reliance on job titles as proxy for exposure (underestimate exposure) e.g.

| Smoking | RR for lung cancer |
|------------------------|--------------------|
| 1-4 cigarettes / day | 5.6 |
| 35-40 cigarettes / day | 50.7 |
| Smokers vs non-smokers | 12 |



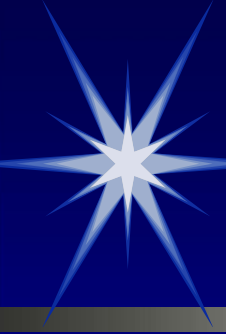
Challenges in occupational cancer epidemiology

- ❑ Neglect of dose-response relationship and impact on risk of occupational cancer with potential for underestimating the risk estimates
- ❑ Impact of cancer prevention efforts difficult because of long latency e.g reduction in lung cancer after smoking only visible after 5 yrs with a 50% reduction achieved after 15 years
- ❑ Recognition and compensation for environmental cancer remains unaddressed



Challenges in occupational cancer epidemiology

- One carcinogen may manifest as different types of cancer
- Lack of good cancer registry data to use in epidemiological studies to evaluate occupational contribution



Challenges in occupational cancer epidemiology

- Decline in identification of new carcinogens
- 1964 – 1982 [increasing from 9 – 92 (1000%)]
- 1982-2003 [increasing from 92 -137 (50%)]
- Increase in number of chemicals in workplace and emerging occupational hazards
- Decreased scientific effort?

Occupation and cancer-follow-up of 15 million people in 5 Nordic countries

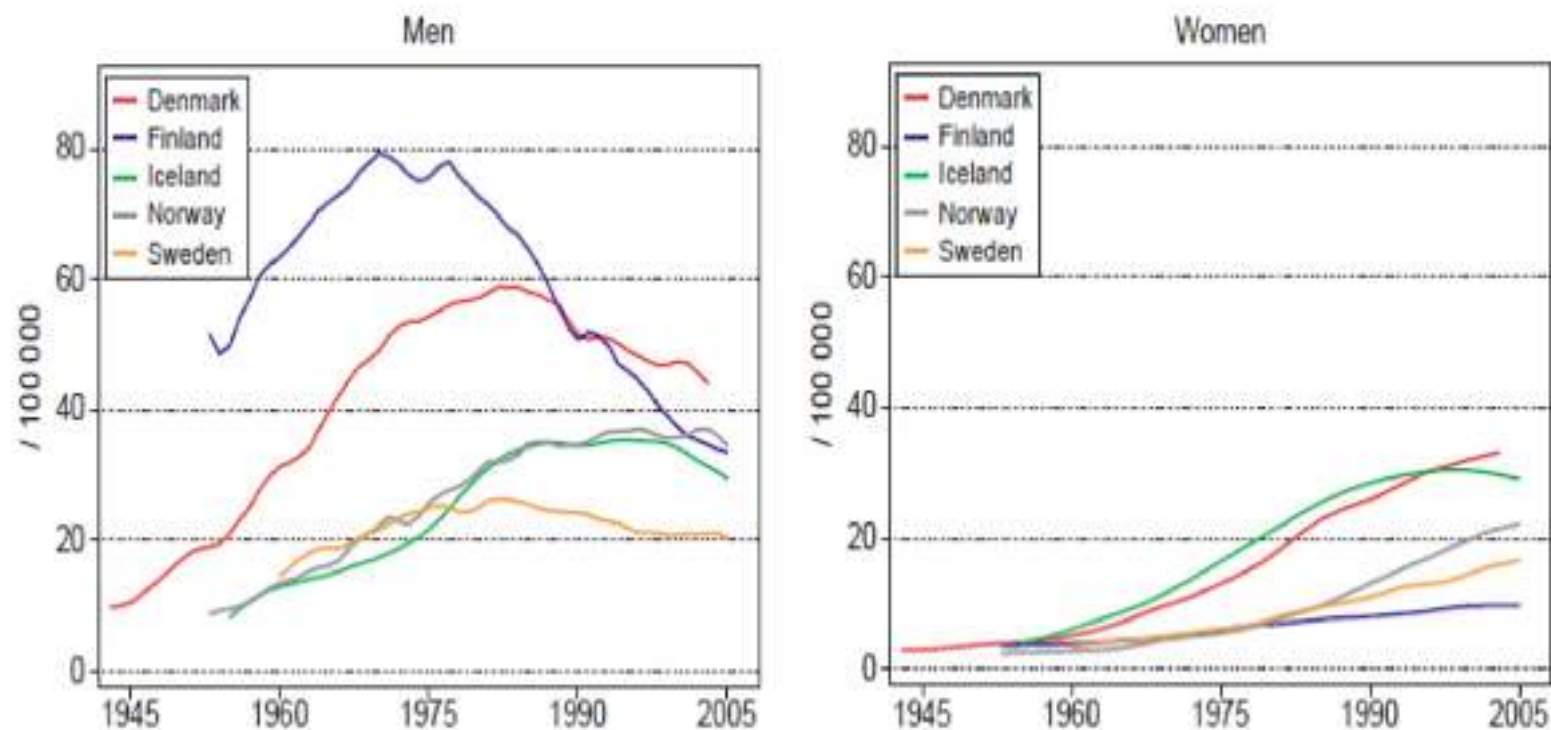


Figure 27. Age standardised (World) incidence rates for lung cancer 1943–2005, by country and gender. Modified from NORDCAN [49].

Table 34. Observed number of lung cancer among men in the Nordic countries and standardised incidence ratios 1961–2005, by country and occupational category.

| No | Occupational category | Denmark | | Finland | | Iceland | | Norway | | Sweden | | Total | | |
|------|------------------------------|---------|------|---------|------|---------|-------|--------|------|--------|------|---------|------|-----------|
| | | Obs | SIR | Obs | SIR | Obs | SIR | Obs | SIR | Obs | SIR | Obs | SIR | 95% CI |
| 1 | Technical workers, etc | 3 019 | 0.91 | 1 503 | 0.58 | 9 | 0.41 | 855 | 0.61 | 5 154 | 0.93 | 10 540 | 0.82 | 0.80–0.83 |
| 2 | Laboratory assistants | 70 | 1.04 | 55 | 0.89 | 3 | 0.71 | 51 | 0.75 | 17 | 0.70 | 196 | 0.87 | 0.75–1.00 |
| 3 | Physicians | 144 | 0.52 | 45 | 0.30 | 6 | 0.67 | 82 | 0.46 | 178 | 0.73 | 455 | 0.53 | 0.40–0.58 |
| 4 | Dentists | 36 | 0.46 | 9 | 0.27 | [2.06] | 0.00 | 55 | 0.68 | 59 | 0.47 | 159 | 0.50 | 0.43–0.58 |
| 5 | Nurses | [3.48] | 0.00 | 1 | 0.20 | 1 | 23.30 | 4 | 0.56 | 4 | 0.43 | 10 | 0.80 | 0.19–0.73 |
| 6 | Assistant nurses | 61 | 0.78 | 1 | 0.25 | [0.97] | 0.00 | 24 | 0.76 | 84 | 1.01 | 170 | 0.86 | 0.74–1.00 |
| 7 | “Other health workers” | 210 | 0.87 | 93 | 0.59 | 1 | 0.41 | 62 | 0.90 | 199 | 0.95 | 565 | 0.83 | 0.76–0.90 |
| 8 | Teachers | 769 | 0.54 | 371 | 0.33 | 17 | 0.52 | 428 | 0.43 | 834 | 0.59 | 2 419 | 0.49 | 0.47–0.51 |
| 9 | Religious workers etc | 377 | 0.61 | 296 | 0.51 | 22 | 1.03 | 253 | 0.50 | 783 | 0.75 | 1 731 | 0.62 | 0.60–0.65 |
| 10 | Artistic workers | 160 | 0.82 | 142 | 0.65 | 8 | 1.36 | 146 | 0.95 | 391 | 1.16 | 847 | 0.93 | 0.87–1.00 |
| 11 | Journalists | 85 | 0.94 | 76 | 0.69 | 6 | 1.80 | 59 | 0.89 | 169 | 1.08 | 395 | 0.93 | 0.84–1.02 |
| 12 | Administrators | 3 415 | 0.90 | 1 000 | 0.56 | 49 | 0.86 | 1 523 | 0.84 | 1 992 | 0.92 | 7 979 | 0.83 | 0.81–0.85 |
| 13 | Clerical workers | 1 412 | 0.85 | 936 | 0.75 | 64 | 1.00 | 1 177 | 0.84 | 2 432 | 1.04 | 6 021 | 0.90 | 0.88–0.92 |
| 14 | Sales agents | 855 | 0.98 | 1 365 | 0.80 | 44 | 1.35 | 1 604 | 1.01 | 3 796 | 1.12 | 7 664 | 1.01 | 0.99–1.03 |
| 15 | Shop workers | 3 803 | 0.98 | 518 | 0.78 | 20 | 0.90 | 598 | 0.95 | 1 204 | 1.10 | 6 143 | 0.98 | 0.95–1.00 |
| 16 | Farmers | 3 465 | 0.47 | 7 611 | 0.77 | 49 | 0.52 | 1 995 | 0.46 | 2 417 | 0.40 | 15 537 | 0.56 | 0.55–0.57 |
| 17 | Gardeners | 808 | 0.77 | 1 056 | 0.84 | 4 | 1.36 | 637 | 0.57 | 1 361 | 0.61 | 3 866 | 0.68 | 0.66–0.71 |
| 18 | Fishermen | 461 | 1.29 | 127 | 1.02 | 78 | 1.52 | 1 654 | 1.17 | 227 | 0.96 | 2 547 | 1.16 | 1.12–1.21 |
| 19 | Forestry workers | 139 | 0.88 | 2 074 | 1.41 | [0.47] | 0.00 | 488 | 0.60 | 878 | 0.54 | 3 577 | 0.88 | 0.85–0.91 |
| 20 | Miners and quarry workers | 48 | 0.97 | 450 | 1.93 | 1 | 1.18 | 325 | 1.40 | 621 | 1.57 | 1 445 | 1.58 | 1.50–1.67 |
| 21 | Seamen | 547 | 1.43 | 353 | 1.19 | 23 | 1.87 | 2 036 | 1.74 | 624 | 1.82 | 3 583 | 1.62 | 1.57–1.68 |
| 22 | Transport workers | 896 | 1.07 | 729 | 0.78 | 37 | 1.22 | 601 | 0.97 | 1 201 | 1.03 | 3 464 | 0.96 | 0.93–1.00 |
| 23 | Drivers | 3 762 | 1.37 | 2 897 | 1.05 | 46 | 1.07 | 2 415 | 1.44 | 3 762 | 1.34 | 12 882 | 1.28 | 1.26–1.31 |
| 24 | Postal workers | 536 | 1.05 | 312 | 0.72 | 4 | 0.70 | 278 | 0.88 | 653 | 1.06 | 1 783 | 0.92 | 0.90–0.99 |
| 25 | Textile workers | 527 | 1.07 | 291 | 0.95 | 6 | 0.62 | 309 | 0.87 | 721 | 1.02 | 1 854 | 0.99 | 0.94–1.04 |
| 26 | Shoe and leather workers | 133 | 1.08 | 148 | 1.07 | 5 | 2.34 | 159 | 1.07 | 297 | 1.04 | 742 | 1.06 | 0.99–1.14 |
| 27 | Smelting workers | 1 488 | 1.38 | 586 | 1.28 | 16 | 1.18 | 715 | 1.50 | 1 422 | 1.27 | 4 227 | 1.34 | 1.30–1.38 |
| 28 | Mechanics | 3 595 | 1.24 | 2 979 | 1.10 | 43 | 1.07 | 3 123 | 1.34 | 6 463 | 1.27 | 16 203 | 1.24 | 1.22–1.26 |
| 29 | Plumbers | 399 | 1.55 | 591 | 1.33 | 8 | 1.20 | 420 | 1.55 | 807 | 1.37 | 2 225 | 1.42 | 1.36–1.48 |
| 30 | Welders | | | 443 | 1.17 | 2 | 0.83 | 444 | 1.44 | 909 | 1.38 | 1 798 | 1.33 | 1.27–1.40 |
| 31 | Electrical workers | 777 | 1.15 | 1 055 | 0.96 | 26 | 1.09 | 1 072 | 1.04 | 1 780 | 1.03 | 4 710 | 1.03 | 1.00–1.06 |
| 32 | Wood workers | 2 085 | 1.05 | 3 801 | 1.16 | 17 | 0.71 | 2 370 | 0.88 | 2 668 | 0.77 | 10 941 | 0.96 | 0.94–0.97 |
| 33 | Painters | 858 | 1.30 | 792 | 1.21 | 8 | 0.81 | 593 | 1.32 | 1 167 | 1.17 | 3 418 | 1.23 | 1.19–1.28 |
| 34 | “Other construction workers” | 3 075 | 1.19 | 3 402 | 1.59 | 45 | 0.96 | 741 | 1.40 | 2 217 | 1.18 | 9 480 | 1.32 | 1.29–1.35 |
| 35 | Bricklayers | 899 | 1.24 | 477 | 1.40 | – | – | 344 | 1.28 | 513 | 1.13 | 2 233 | 1.25 | 1.20–1.30 |
| 36 | Printers | 545 | 1.20 | 236 | 0.91 | 9 | 1.16 | 328 | 1.21 | 711 | 1.33 | 1 826 | 1.20 | 1.14–1.26 |
| 37 | Chemical process workers | 534 | 1.21 | 522 | 1.11 | 6 | 1.34 | 786 | 1.32 | 857 | 1.03 | 2 705 | 1.15 | 1.11–1.19 |
| 38 | Food workers | 1 700 | 1.22 | 342 | 1.00 | 45 | 1.18 | 861 | 1.26 | 1 000 | 1.18 | 3 948 | 1.19 | 1.16–1.23 |
| 39 | Beverage workers | 275 | 1.54 | 19 | 0.78 | 2 | 3.31 | 7 | 0.98 | 65 | 1.33 | 368 | 1.42 | 1.28–1.57 |
| 40 | Tobacco workers | 51 | 1.76 | 8 | 2.07 | [0.05] | 0.00 | 18 | 1.74 | 7 | 1.87 | 84 | 1.79 | 1.43–2.31 |
| 41 | Glass makers etc | 1 007 | 1.21 | 537 | 1.08 | 7 | 1.06 | 470 | 1.42 | 1 034 | 1.12 | 3 055 | 1.18 | 1.14–1.22 |
| 42 | Packers | 883 | 1.18 | 1 390 | 1.28 | 21 | 0.96 | 1 440 | 1.42 | 2 170 | 1.29 | 5 913 | 1.30 | 1.26–1.33 |
| 43 | Engine operators | 815 | 1.11 | 1 501 | 1.13 | 25 | 0.89 | 828 | 1.43 | 1 679 | 1.22 | 4 848 | 1.20 | 1.17–1.23 |
| 44 | Public safety workers | 686 | 1.02 | 688 | 0.85 | 16 | 0.78 | 476 | 1.09 | 787 | 1.00 | 2 653 | 0.97 | 0.93–1.01 |
| 45 | Cooks and stewards | 89 | 1.64 | 41 | 0.99 | 17 | 1.81 | 292 | 1.51 | 240 | 1.74 | 679 | 1.56 | 1.44–1.68 |
| 46 | Domestic assistants | 1 | 1.74 | [3.29] | 0.00 | [0.03] | 0.00 | 3 | 1.93 | 6 | 0.64 | 10 | 0.68 | 0.32–1.24 |
| 47 | Writers | 348 | 3.03 | 40 | 1.04 | 1 | 1.04 | 145 | 1.73 | 169 | 3.32 | 603 | 1.90 | 1.75–2.05 |
| 48 | Building caretakers | 978 | 1.30 | 738 | 1.01 | 10 | 1.05 | 317 | 1.45 | 752 | 1.18 | 2 795 | 1.19 | 1.15–1.24 |
| 49 | Chimney sweeps | 30 | 1.58 | 62 | 1.14 | – | – | 41 | 1.77 | 79 | 1.71 | 212 | 1.49 | 1.30–1.70 |
| 50 | Hairdressers | 241 | 1.14 | 12 | 0.79 | 2 | 1.48 | 87 | 1.33 | 218 | 1.32 | 560 | 1.22 | 1.12–1.33 |
| 51 | Laundresses | 121 | 1.18 | 15 | 1.04 | [0.92] | 0.00 | 59 | 1.50 | 158 | 1.33 | 353 | 1.28 | 1.15–1.42 |
| 52 | Military personnel | 292 | 0.87 | 137 | 0.63 | – | – | 372 | 0.97 | 494 | 1.06 | 1 295 | 0.92 | 0.88–0.98 |
| 53 | “Other workers” | 2 981 | 1.29 | 1 121 | 1.29 | 97 | 1.15 | 2 128 | 1.12 | 2 186 | 1.07 | 8 513 | 1.18 | 1.16–1.21 |
| 54 | Economically inactive | 3 010 | 1.19 | 8 195 | 1.47 | 70 | 1.19 | 1 032 | 1.15 | 3 761 | 1.23 | 16 068 | 1.33 | 1.31–1.35 |
| 1–54 | All categories | 53 401 | 1.00 | 52 189 | 1.00 | 996 | 1.00 | 37 334 | 1.00 | 64 377 | 1.00 | 208 297 | 1.00 | Ref. |

Obs = observed number of cases; SIR = standardised incidence ratio; 95% CI = 95% confidence interval.

Mesothelioma and ARD-related cancer 1979-2012

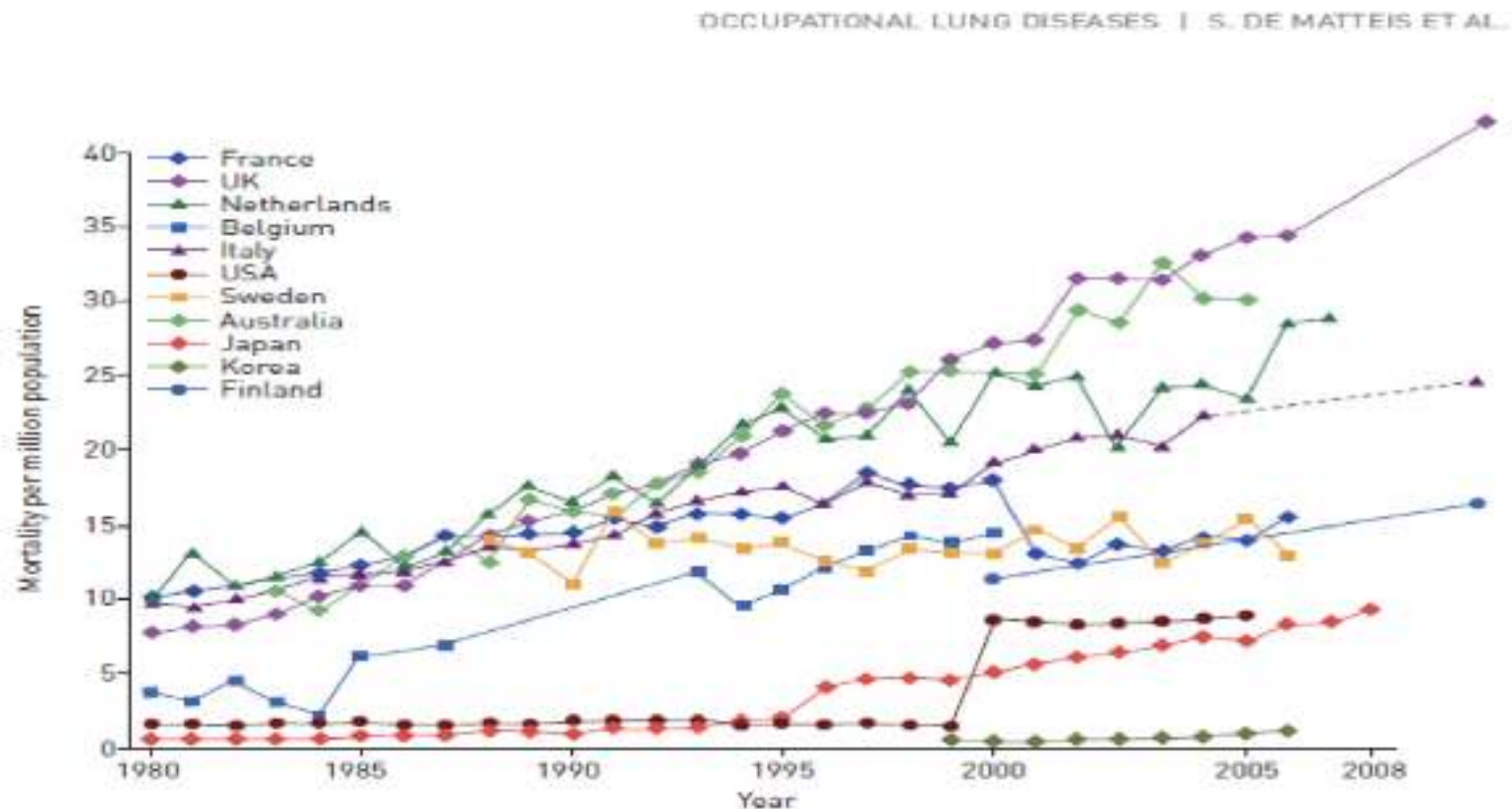



FIGURE 2 Mesothelioma and related asbestos-related lung cancer mortality by country, 1979-2012. Reproduced and modified from [11] with permission.

registrations, corresponding to about 3500 cases per year, are attributed to past exposure to asbestos and silica in this sector, mostly causing lung cancer and mesothelioma [23].

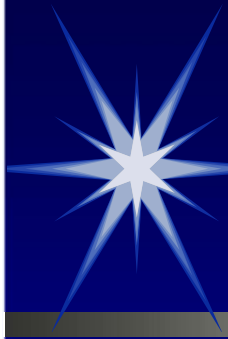


Percentage of workers exposed to respiratory carcinogens in Europe

TABLE 1 Percentage of workers exposed to eight respiratory carcinogens in different industrial sectors in Europe

| | Agriculture | Mining | Manufacturing | Electrical | Construction | Trade | Transport | Finance | Services |
|--------------|-------------|-------------|---------------|------------|--------------|-------|-------------|---------|----------|
| Silica | 3.72 | 2.30 | 2.33 | 1.41 | 18.9 | 0.02 | 0.48 | 0.00 | 0.06 |
| Cadmium | 0.00 | 0.00 | 0.49 | 0.29 | 0.29 | 0.00 | 0.00 | 0.00 | 0.05 |
| Nickel | 0.00 | 2.21 | 1.68 | 0.35 | 0.05 | 0.00 | 0.07 | 0.00 | 0.04 |
| Arsenic | 0.05 | 0.07 | 0.40 | 0.14 | 0.13 | 0.00 | 0.00 | 0.00 | 0.01 |
| Chromium | 0.00 | 0.04 | 2.08 | 0.41 | 0.24 | 0.02 | 0.37 | 0.00 | 0.23 |
| Diesel fumes | 0.65 | 22.0 | 1.11 | 3.36 | 5.82 | 0.49 | 13.4 | 0.00 | 0.91 |
| Beryllium | 0.00 | 0.05 | 0.21 | 0.07 | 0.00 | 0.00 | 0.01 | 0.00 | 0.00 |
| Asbestos | 1.25 | 10.2 | 0.59 | 1.70 | 5.20 | 0.29 | 0.68 | 0.02 | 0.28 |

Percentages above 10% are shown in bold. Reproduced and modified from [15] with permission.



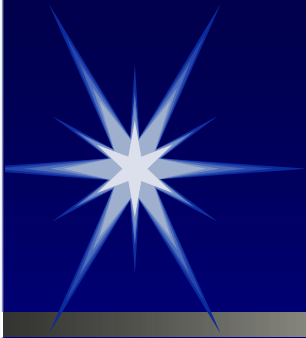
Success stories

- Scrotal cancer in England and Wales declined from personal hygiene intervention
- Nasal cancer in furniture workers employed after 1940 decreased with improvements in dust control
- Stabilization in pleural mesothelioma rates in Sweden in 1990's following legal controls to restrict exposure passed in 1970's



ASBESTOS AND CANCER

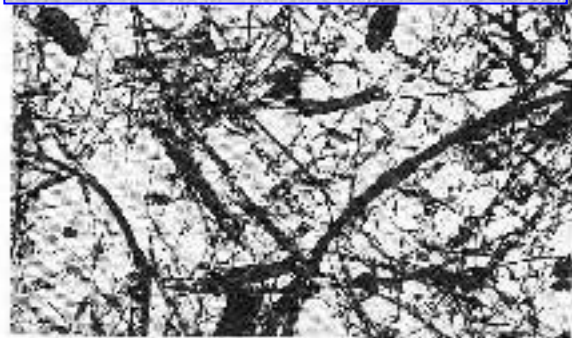
- **Malignant mesothelioma**
- Carcinoma of lung
- Carcinoma of larynx
- Carcinoma of ovaries



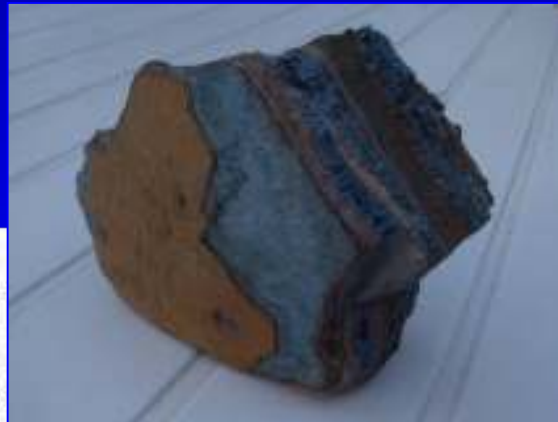
Asbestos

- Compound mineral containing various elements – “silicate”
- “White”, “blue”, “brown” asbestos – all previously mined in RSA

Chrysotile (White)



Crocidolite (Blue)



Amosite (Brown)



Epidemiology of mesothelioma in South Africa

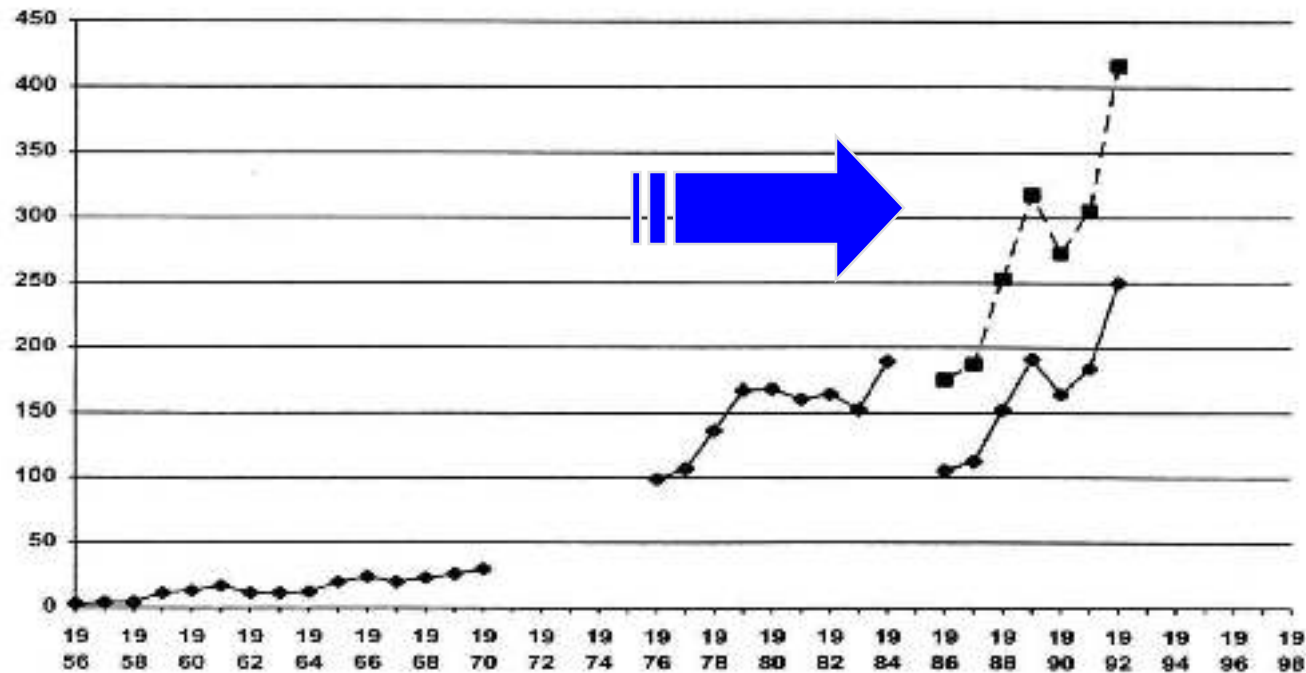
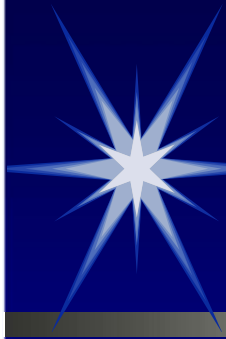


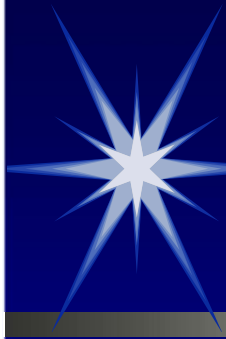
Figure 1 : Annual numbers of cases of mesothelioma occurring in South Africa 1955 - 1992.

Data sources : 1955 - 70 : Webster (); 1976 - 86 : Zwi et al (); 1986 - 92 (NCR); hatched line 1986 - 92 is an extrapolation of NCR data (see text).



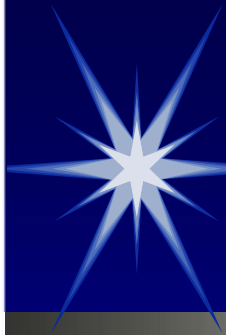
The story of mesothelioma in South Africa (www.asbestos.com)

- Early 1900 link between asbestos exposure and high rates of lung disease
- In 1960 Christopher Wagner, a South African pathologist, discovered a definitive link between the exposure and cancer .
- “Diffuse Pleural Mesothelioma and Asbestos Exposure in the North Western Cape Province,” became the most quoted paper in occupational medicine and triggered a wave of research on asbestos related disease.



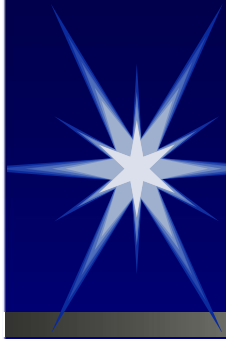
The story of mesothelioma in South Africa

- 1956 autopsy performed on a South African man who worked at a gold mine. Doctors struggled to explain why patients living and working west of South Africa's Kimberley area did not respond to TB treatment as well as those living elsewhere.
- Wagner's autopsy revealed a tumor in the patient's right chest and a collapsed lung. He gained further evidence for his study from Dr. C.A. Sleggs, the chief medical officer of Kimberley TB Hospital.



The story of mesothelioma in South Africa

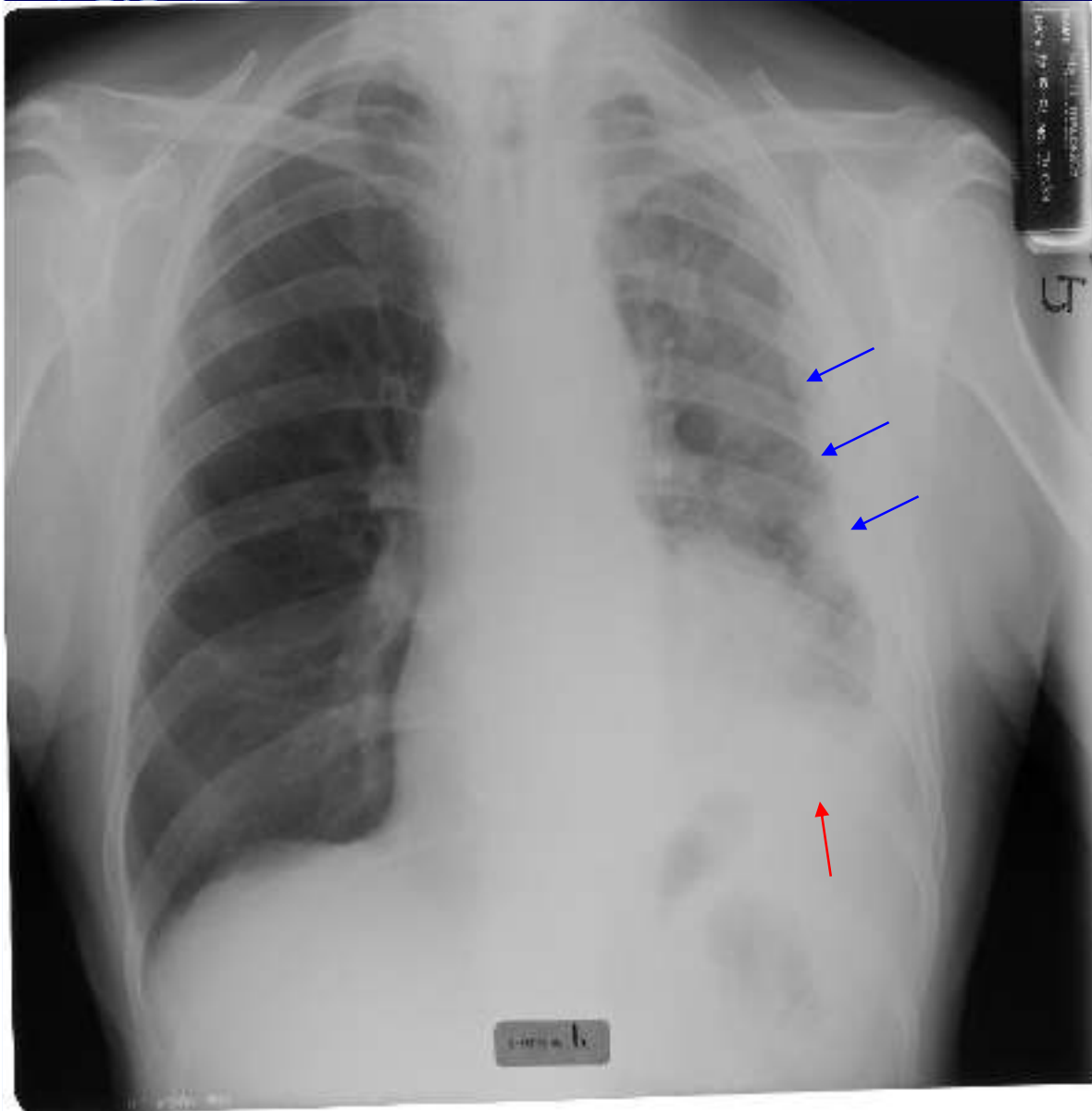
- After collecting imaging scans from 14 patients who lived near an asbestos mine, Sleggs performed biopsies and confirmed the presence of mesothelioma. Shortly after, Wagner reported the link between the exposure and mesothelioma.
- Senior officers of the Department of Health demanded industry review of future research papers. Despite evidence of serious risks to workers, the industry ramped up the output of crocidolite asbestos from 60,389 tons in 1960 to 155,477 tons in 1974.



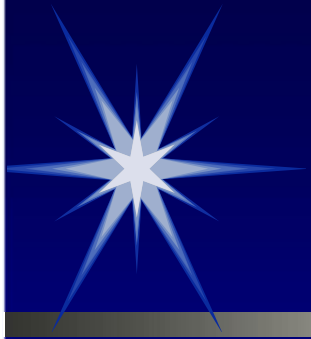
The story of mesothelioma in South Africa

- ❑ SA reports over 200 cases of mesothelioma per year
- ❑ 30% environmental and 70% of these affecting women and children
- ❑ Long latency. Asbestos banned in 2008 with last mine closing in 2001.
- ❑ Estimated that 2700 fatalities due to mesothelioma
- ❑ Law makes no provision for post employment surveillance
- ❑ Peak of epidemic still to come??

Malignant mesothelioma of pleura



- “Bunch of grapes” pleural mass on the left side (chest pain)
- accompanying pleural effusion (red arrow)
- local spread (no metastases)
- diagnosis (histology and special stains)
- -very poor prognosis



Take home messages

- ❑ Occupational cancer exists and are linked to certain exposures with 85% of such cancer deaths caused by only 10 hazardous exposures
- ❑ Need for cancer registries to incorporate data on occupational exposure
- ❑ Countries need to develop a risk exposure profile linking exposures / occupations with cancer risk (Carex tool)
- ❑ Occupational history important: consider latency period and the lack of post employment surveillance;
- ❑ Surveillance of high risk populations to be mandatory
- ❑ Measures to reduce exposure and review of OEL's ;
- ❑ Risk control management e.g hierarchy of control
- ❑ Right to Compensation and needs to be reported in terms of existing legislation (COIDA and ODMWA)



References and Acknowledgements

- ❑ Eliminating occupational cancer . Industrial Health 2015. 53. 307-309
- ❑ The proportion of cancer attributable to occupational exposures. *Ann Epidemiol.* 2015 March ; 25(3): 188–192.
- ❑ Occupational cancer in developed countries. Blair et al. Environmental Health 2011, 10(Suppl 1):S9
- ❑ CAREX Canada: a enhanced model for assessing occupational carcinogen exposure. *Occup Environ Med* 2015; 72:64-71
- ❑ Current and new challenges in occupational lung diseases. *Eur Respir Rev* 2017; 26:170080
- ❑ Occupation and cancer-follow-up of 15 million people in 5 Nordic Countries 2009. *Acta Oncologica*; 48:5, 646-790
- ❑ Historical review of the list of occupational disease recommended by ILO . *Annals of Occupational and Environmental Medicine* 2013, 24:14
- ❑ Dr Blanche Andrews (Sanlam)